

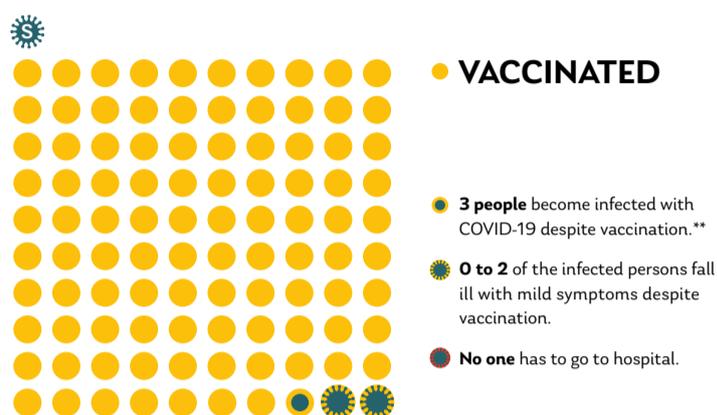
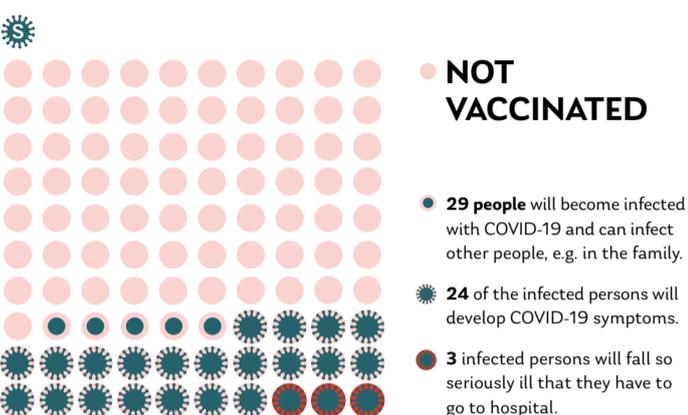
ENGLISCH

# Thuringia against Corona – Information on getting vaccinated

## Why should I get vaccinated against Covid-19?

The corona vaccination is currently the most important building block for containing the pandemic. It is crucial for returning to a normal life in the foreseeable future.

What happens when a highly infectious person (“super spreader” = S) who is sick with COVID-19 meets **100 people**?



DESPITE VACCINATION

## Observe the “AHA + A + L” rules:

In German, “AHA + A + L” stands for keep your distance (A), observe hygiene (H), wear an everyday mask (FFP2 if possible)(A), use the CoronaWarnApp, air rooms (L).

\* Source in German: Robert-Koch-Institut [www.rki.de/DE/Content/InfAZ/N/Neuartiges\\_Coronavirus/Steckbrief.html](http://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Steckbrief.html)

\*\* Contagiousness for third parties is significantly reduced due to the lower viral load and the shortened excretion period. Source in German: [www.rki.de/DE/Content/Infekt/EpidBull/Archiv/2021/Ausgaben/19\\_21.pdf](http://www.rki.de/DE/Content/Infekt/EpidBull/Archiv/2021/Ausgaben/19_21.pdf)

## FACT CHECK

**Fact:**  
An approved vaccine is safe, even if approval is fast-tracked.

Only when the **quality, efficacy** and **safety** of the vaccines have been proven will regulatory authorities grant approval. This is the case with **all** vaccines.

As with any vaccination, reactions and side effects such as fever, tiredness or headaches can occur after the corona vaccination.

Tens of thousands of study participants have already been vaccinated before approval, and many millions of people worldwide have been vaccinated in the meantime.

Severe side effects, such as allergic reactions, are extremely rare.

The **safety** of the vaccines is continuously monitored and evaluated.

## How do I get a vaccination appointment?

In Thuringia, there are currently **two ways** to do this.

### 1. Vaccination at an “Impfzentrum“

**Online appointments:** [www.impfen-thueringen.de](http://www.impfen-thueringen.de)  
**Telephone appointments:** 03643 - 49 50 49 0  
Appointments by telephone will be made in German.

INFO

Please bring your **✓** identity card / passport or **✓** residence document to your vaccination appointment. Please also bring your **✓** vaccination card (if available) to the appointment.

### 2. Vaccination at the office of a general practitioner

INFO

GP practices are gradually integrated in the process. Talk to your family doctor about this.

IMPORTANT

If you live in communal accommodation, you can also ask the house administration about local vaccination possibilities.

## More information on getting vaccinated



**Sources of information at a glance:**  
Always up to date, but mostly in German, is the information here on the homepage of the Thuringian Ministry of Health.  
[www.tmasgff.de/covid-19/impfen](http://www.tmasgff.de/covid-19/impfen)



Further information translated into other languages can be found on the homepage of the Federal Commissioner for Integration: [www.integrationsbeauftragte.de/ib-de/staatsministerin/corona](http://www.integrationsbeauftragte.de/ib-de/staatsministerin/corona)

The Federal Ministry of Health provides a lot of information on getting vaccinated in more than **40 languages** via the app “**aidminutes.rescue**” (free download for Android and iOS).

**Find out more at your pharmacy or your family doctor’s practice!**

**Please help and inform the elderly, those in need of help and those who are not as technically proficient!**